

January-June 2026 EASY WALKS



PARKS, RECREATION
& COMMUNITY SERVICES

FREE

Easy Walks ♥

Free, slower-paced, one-hour guided walks through parks and neighbourhoods, on pavement and smooth trails. Steep hills avoided where possible. Rests and pace varies to ensure comfort of all walkers.

Please wear supportive footwear. No pets - guide dogs only please.

January-May: Mondays, 1:30 - 2:30pm | Leader: Penny

June: Summer Hours 9:30 - 10:30am | Leader: Penny

Jan 12 - Lambrick Park/ Mount Douglas Cross Road

Meet near front entrance to Gordon Head Recreation Centre, off Feltham Avenue; 4100 Lambrick Park Way.

27, 28 (250m).

Jan 19 - McMinn Park/ Broadmead Area

Meet by entrance to McMinn Park, off Sunnymead Way and Cordova Bay Road; 4830 Maplegrove Street.

39 (950m).

Jan 26 - Playfair Park/ Braefoot Area

Meet in Playfair Park main parking lot, on Rock Street, off Quadra Street; near 1140 Rock Street. 6,6A,6B (225m).

Feb 2 - Beckwith Park/High Quadra Area

Meet in Beckwith Park, off Quadra Street; 857 Beckwith Avenue.

6, 6A,6B (300m).

Feb 9 - Tillicum/Swan Creek

Meet at foot of steps up to Silver City Theatre, Tillicum Mall; 3130 Tillicum Road. 8, 11 (104m).

Feb 23 - Swan Lake Area

Meet at end of Nelthorpe Street, off McKenzie Avenue; street parking near 3223 Nelthorpe Street.

51 (350m).

Mar 2 - Cordova Bay and Area

Meet at Lochside Park at the end of Lochside Drive, off Cordova Bay Road; near 5391 Lochside Drive.

(350m).

Mar 9 - Strawberry Vale Area

Meet at Rosedale Park parking lot, on Santa Anita Avenue, near Strawberry Vale Elementary School; 4100 Santa Anita Ave.

22 (200m), 39 (350m).

Mar 16 - Blenkinsop Valley

Meet on Lochside Trail beside Lochside Elementary School. Parking at Lochside School (Spring Break) or on Lochside Drive, north of Royal Oak Drive; 1145 Royal Oak Drive. 32, 39 (150m).

Mar 23 - Marigold Park/ Welland Heritage Orchard

Meet at Marigold Park, off Grange Road; 1080 Iris Avenue.

22, 22A (375m).

List of walks continues on back page ▶

Legend: ♥ All Easy Walks are rated as one heart, where possible routes avoid steep hills, some short standing pauses and group paced.

Suggested bus route to start location (approximate meters), regular fares apply.

For program details, call 250-475-5422

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Mar 30 - Viaduct Flats/ Interurban Area

Meet/park in gravel parking lot for Viaduct Flats, on Interurban Road opposite intersection with Viaduct Avenue West; across the street from 495 Viaduct Avenue West.

 21, 83 (100m).

Apr 13 - Shelbourne/ Camosun Area

Meet in north east corner of Hillside Centre parking lot, corner of Shelbourne Street and North Dairy Road; across from 3187 Shelbourne Street.  8, 22, 27, 28 (100m).


Apr 20 - Colquitz Circle

Meet at Copley Park West; 598 Parkridge Street, off Vanalman Avenue.  30 (120m).

Apr 27 - The Gorge - Upper Waterway

Meet by main entrance of Esquimalt Gorge Park Pavilion; 1070 Tillicum Road.  26 (10m).

May 4 - Layritz Park/ Quick's Bottom

Meet in Layritz Park parking lot, at end of Layritz Avenue, off Glyn and Wilkinson Roads; 4344 Layritz Avenue.  21, 39, 83 (Bus access at opposite end of park from start location. Use trails to get to start, 500m).

May 11 - Broadmead South Loop

Meet/park at Emily Carr Park; 4500 Emily Carr Drive.  6A (26m).

May 25 - Lambrick/ Tyndall Parks


Meet near front entrance to Gordon Head Recreation Centre, off Feltham Avenue; 4100 Lambrick Way.

 27, 28 (350m).

*Summer Hours Start


Jun 1 - Tillicum/ Cuthbert Holmes Park

Meet at the steps of Silver City Theatre, by Tillicum Mall parking lot; 3130 Tillicum Road.

 8, 11 (104m).

Jun 8 - Ten Mile Point

Meet/park by tennis courts at Wedgewood Park, Arbutus Road; near 2797 Arbutus Road.

 11 (650m).


Jun 14 - University of Victoria Trails and Finnerty Gardens

Meet by covered bike storage, Henderson Recreation Centre parking lot; 2291 Cedar Hill Cross Road.  4, 7, 15 (396m).

Jun 22 - Swan Creek/ Mount View

Meet by Swan Creek trailhead, on Jolly Place, off Glanford Avenue, at McKenzie Avenue.  40, 51 (100m).

Jun 29 - Sierra Park/ Arbutus Cove

Meet/park by Sierra Park, at intersection of San Juan Avenue and Chartwell Drive; near 1848 San Juan Avenue.  12 (10m).

Walks may cancel for an emergency or inclement weather, (very hot, or icy). If you would like to see if a walk has been cancelled, one hour prior to walk visit the site, saanich.ca/trailsandtreks, or call 250-475-5422.



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